


# Talk Mental Health Gazebo

**Saturday 6th of October 10:30 - 15:30**  
**Old Bond Street, Bath**

Featuring 'Lower Your Guard Chorus' flash mob choir

- Free mindfulness cakes
- Colouring extravaganza for mindfulness with  mind Bath
- Locally designed hoodies and t-shirts
- Interactive art piece
- Plus other fun activities for all ages



For further details contact;  
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